

MEET BRUCE CHAPMAN – APIARIST EXTRAORDINAIRE!



Bruce Chapman – Apiarist since 1972

Bruce is our exclusive supplier of *Jellybush Honey* – that's Australian's version of Manuka honey!

Bruce tends to his bees in Northern New South Wales, managing around 200 colonies on his heritage listed apiary site.

Bruce specialises in *Jellybush* by ensuring his colonies are at full strength as the *Leptospermum* bushes flower.

All Bruce's honey is certified medicinal grade, each harvest being tested by an independent laboratory in Tasmania, Australia.

This *Jellybush Honey* has an activity rating of 858 MGO, meaning it contains at least 858 mg of Methylglyoxal per kilo of honey. The MGO rating is being adopted by the industry as the standard rating scale. A rating above 450MGO is considered Medical Grade. Other scales (UMF, NPA, AAH) are still in use, but being phased out.



Leptospermum Polygalifolium (Jellybush)

Traditionally, in Australia, beekeepers called this honey *Jellybush* because it is thick like jelly and therefore difficult to extract from the honeycomb frames!

Besides being **antibiotic** and **anti-inflammatory**, *Jellybush honey* also provides nutrients and **stimulates tissue regrowth**.

It is analgesic and stimulates the immune system.

When used on open wounds, *Jellybush honey* helps to draw the exudate from the wound and prevents ammonia production – thereby reducing odours from the wound.

To Use *Jellybush Honey* as a medicine:

Internally: Eat pure, undiluted *Jellybush honey* to:

- Treat Coughs, colds and influenza.
- Treat Gastric ulcers and other gut disorders
- To inhibit the development of mouth and throat ulcers resulting from chemotherapy and radiotherapy.

Externally: Apply *Jellybush honey* topically to treat:

- Tropical ulcers
- Diabetic ulcers
- Gangrenous tissue and necrotic tissue
- Surgical wounds
- Burns, including radiation burns

Jellybush honey has been shown to inhibit the growth of

- *Escherichia coli*;
- *salmonella typhimurium*,
- *shigella sonnei*,
- *listeria monocytogenes*,
- *staphylococcus aureas*,
- *bacillus cereus* and
- *streptococcus mutans*



Best of all, Jellybush Honey tastes delicious!!